

INNER WHEEL CHARITY LUNCH

Saturday 6 February 12.00n—1.30pm at St Leonard's Hall. Tickets £6 includes spud (with various fillings), puddings and Tea/Coffee/soft drinks. Contact Jean Colwill 895321

Tots' Treats

HELP REQUIRED FOR 'TOTS' PLEASE

Help would be welcomed for TOT'S TREATS on a Thursday morning. If anyone would like to help on a rota basis with the toddlers, please get in touch with Ann Fenwick 893318

WELLIES

We still have 3 pairs of wellies at the Parish Office, which were lent for use at the Holiday Club last August. Please can you arrange to collect the wellies if they belong to you by Thursday 28 January. Regrettably, any unclaimed by this date will be taken to a charity shop or the tip.

FIRST SUNDAY OF EACH MONTH

After Matins at 11.00am at St Leonard's, Holy Communion will in future follow at **11.30am** rather than 11.50am

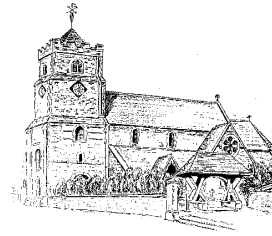
MIDWEEK SERVICES THIS WEEK

Tuesday 11.00 am Holy Communion at St Luke's

Wednesday: 11.00 am Holy Communion(Book of Common Prayer) at St Leonard's

NEXT SUNDAY 31 January Presentation of Christ in the Temple

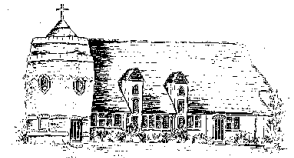
St Leonard's: 8.00 am Holy Communion
9.30 am Parish Communion
11.00 am The Meeting Place : Informal worship & Baptism
St Luke's: 10.00 am Parish Communion (+Sunday Club)



Welcome



St LEONARD'S LUKE'S



Sunday 24 January Fourth Sunday of Epiphany

Welcome to all—especially visitors today

This Morning: 9.30am St Leonard's: Preacher: The Revd Elaine Dunn
from Cross Way Church
Hymn during Communion : AM 380
10.00am St Luke's: Preacher : The Revd Dr Clive Jarvis
From Seaford Baptist Church

DURING THE WEEK

MON 25 12.00 n Noon Prayers for Christian unity St Luke's
WED 27 10.00 am Coffee Morning St Luke's
FRI 29 7.00 am Early Morning Prayer Meeting St Leonard's Hall



COFFEE: Stay for coffee after the main morning service.
Perhaps join the prayer group after that in St Leonard's Hall.



HELP NEEDED!!!

The office carpet is due to be renewed on **Monday 1 February**. We urgently need help to clear the office in readiness after Church on **Sunday 31 January**. There are several heavy items of furniture plus the stock involved. Assistance to reinstate the office after the event would also be appreciated.

PROM PRAISE TICKETS.

A unique blend of live music, word and worship, combining the spirit of Songs of Praise and the world famous Last Night of the Proms is being held at the Congress Theatre on **Saturday 13th February** at 7.30pm. There is only one ticket left at **£12 (as of Friday morning!)**. Please order as soon as possible from Angela in the office on 894216

WEEKLY FLOWERS IN ST LEONARD'S CHURCH

If you would like to arrange flowers in the sanctuary in remembrance or celebration, or you would like flowers arranged on your behalf, please put your name and telephone number on the list hanging in the tower area. Your contribution would be greatly valued. Jane Riley 894858

WOMEN'S WORLD DAY OF PRAYER COFFEE MORNING

Saturday 6 February 10.00–noon at Cross Way Centre Clinton Place. Items for the cake or Bring and Buy stalls would be appreciated either on the day or pass to Sylvia Coombe at St Luke's or Elizabeth Morgan Jones or Barbara Geering at St Leonard's. Please note in your diary—the service, prepared by Christian Women of Cameroon will be 2.00pm on **5 March** at St Thomas More.

MOTHERS' UNION

Our meeting on **Friday 12th February** will be our Annual General Meeting followed by a Bring & Buy Stall. There will be a Members' Lunch before the AGM 12.45 for 1.00 pm.



Will members wishing to book for the Lunch please contact Irene Finlayson (896390) or June Sharp (491162) to reserve a place. This is a very important meeting. Please make every effort to attend. Any queries please phone June Sharp, Branch Leader.

MEN'S BREAKFAST

Our next Men's Breakfast is on **Saturday 6 February 8.30am** at St Luke's. Please contact Andy Steer 891281 or Barry Ranger 899300 as soon as possible if you are able to attend, especially if you have special dietary needs.

THE CHILDREN'S SOCIETY

I have been the Hon Sec. for the above society in Seaford since 2000 and am now finding it too difficult. Would someone please take the job over? You only have to collect, open and count the boxes once a year in early May. Preferably nicer if two could do it together. Joyce Campbell 895363

HELP WANTED!

Are you of a friendly and outgoing disposition? Enjoy meeting people and making them welcome? More volunteers needed to help with Church welcome team for Sunday services. Particular need for more gentlemen welcomers. If you think you could help, could you please contact either Martin Blewett or Beryl Dollin please”

THE READINGS.

1 CORINTHIANS 12: 12 - 31a

The body is a unit, though it is made up of many parts; and though all its parts are many, they form one body. So it is with Christ. For we were all baptised by one Spirit into one body—whether Jews or Greeks, slave or free—and we were all given the one Spirit to drink.

Now the body is not made up of one part but of many. If the foot should say, “Because I am not a hand, I do not belong to the body,” it would not for that reason cease to be part of the body. And if the ear should say, “Because I am not an eye, I do not belong to the body,” it would not for that reason cease to be part of the body. If the whole body were an eye, where would the sense of hearing be? If the whole body were an ear, where would the sense of smell be? But in fact God has arranged the parts in the body, every one of them, just as he wanted them to be. If they were all one part, where would the body be? As it is, there are many parts, but one body.

The eye cannot say to the hand, “I don't need you!” And the head cannot say to the feet, “I don't need you!” On the contrary, those parts of the body that seem to be weaker are indispensable, and the parts that we think are less honourable we treat with special honour. And the parts that are unpresentable are treated with special modesty, while our presentable parts need no special treatment. But God has combined the members of the body and has given greater honour to the parts that lacked it, so that there should be no division in the body, but that its parts should have equal concern for each other. If one part suffers, every part suffers with it; if one part is honoured, every part rejoices with it. Now you are the body of Christ, and each one of you is a part of it. And in the church God has appointed first of all apostles, second prophets, third teachers, then workers of miracles, also those having gifts of healing, those able to help others, those with gifts of administration, and those speaking in different kinds of tongues. Are all apostles? Are all prophets? Are all teachers? Do all work miracles? Do all have gifts of healing? Do all speak in tongues? Do all interpret? But eagerly desire the greater gifts.

THE GOSPEL: LUKE 4: 14 - 21

Jesus returned to Galilee in the power of the Spirit, and news about him spread through the whole countryside. He taught in their synagogues, and everyone praised him.

He went to Nazareth, where he had been brought up, and on the Sabbath day he went into the synagogue, as was his custom. And he stood up to read. The scroll of the prophet Isaiah was handed to him. Unrolling it, he found the place where it is written:

“The Spirit of the Lord is on me, because he has anointed me to preach good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to release the oppressed, to proclaim the year of the Lord's favour.”

Then he rolled up the scroll, gave it back to the attendant and sat down. The eyes of everyone in the synagogue were fastened on him, and he began by saying to them, “Today this scripture is fulfilled in your hearing.”
